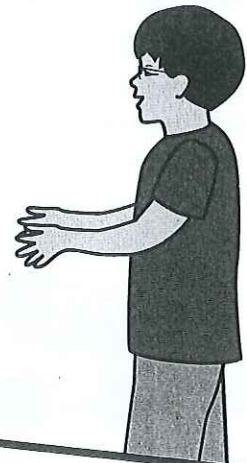
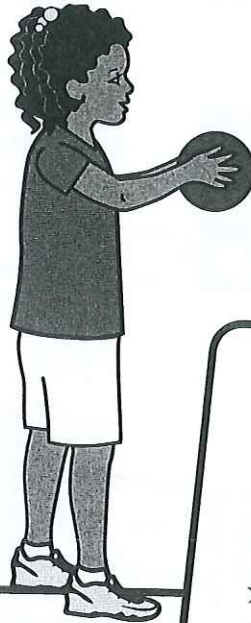


# Fun With Friends

Activities are always more fun with a friend. What makes a good friend?

A friend is someone who:

- \* Shares their toys.
- \* Joins you for lunch at school.
- \* Helps tie your shoes.
- \* Teaches you a new song.
- \* Smiles when you meet.
- \* Plays a game you enjoy.
- \* Understands when you don't want to play.



## ROCK, PAPER, SCISSORS TAG

### Ready

- No equipment needed
- A large, safe outdoor area

### Set

- Make boundaries using landmarks (e.g., the fence, the sidewalk, the garage, etc.)
- Everyone needs a partner standing next to them.

### GO!

1. The object is to tag your partner when you are It.
2. To find out who is It, play Rock, Paper, Scissors. Hold your L palm up and open. Pound your R fist on your L palm 3X and say "1-2-3." On "3," choose to make a rock (fist), paper (leave your hand open), or scissors (hold 2 fingers like scissors) with your R hand.
3. Your partner will do the same thing, but may choose a different symbol. To find out who "wins," rock crushes scissors, scissors cut paper, and paper covers rock.
4. Winners are It and chase partners to try to tag them.
5. When a tag is made, play again.

## What to do when you disagree -

- \* Talk about it and LISTEN to the other person's side
  - \* Find a compromise
  - \* Get help from an adult
  - \* Play Rock, Paper, Scissors
  - \* Agree to disagree
- Tell your family a story about a time you and a friend disagreed. What did you do?



**READ  
ALL  
ABOUT  
IT!**

Corduroy

by Don Freeman

The Rainbow Fish

by Marcus Pfister

We Can Get Along: A Child's Book of Choices

by Lauren Murphy Payne

**SPARK™**  
K-2



# TAKE THE ROAD TO A HEALTHY LIFE!

Move along the road to find activities you can do. After completing an activity, color the sign next to it. If you do it again, put a star next to the sign. How many colored signs and stars can you earn this month?

