# Celebrating Differences

The United States is a very special country made up of people from many different cultures. The only people native to the USA are native American Indians, and even then, there are many different types of native Americans, each with their own special languages, religions, dances, and foods. There is no single group that can be considered the "typical" American.

### "I'm Unique; Just Like Everybody Else!"

- Differences are normal. Everyone is unique in many ways.
- \* Look for the positives that may be found in differences between people.
- \* Treat everyone with respect.
- ★ The word "normal" has a different meaning for everyone!

"Hey, Leanne, did you know the original Chicken Dance song was created in Switzerland and the name was Der Voglertanz- The Bird Dance?"

### Carobbean Crunch

#### Ingredients:

2 bananas

½ cup of orange juice

 $\frac{1}{2}$  cup of your favorite crunchy topping (nuts, cereal, granola, coconut, etc)

#### Directions:

Crush the topping and put in a small cup. Slice bananas into 1"-thick pieces, and push a fork or popsicle stick in

Dip into the orange juice, then roll in the crunchy topping.

**SPARK It Up!** Once made, pop in the freezer to make banana pops.



"Really, Kellen? But, now it's a traditional dance at German Oktoberfests and can be heard in many different cultures!"

RECIPE

Fork or popsicle stick

2 small cups

### Ready

Chicken Dance CD

#### GO!

- 1. "Cluck" by opening and closing your hands, imitating a chicken's beak (4 counts).
- 2. "Wing Flap" by putting your hands under your armpits and flap your elbows like wings (4 counts).
- 3. "Shake Your Tail" Do the twist and bend your knees (4 counts).
- 4. "Clap" 4 times (4 counts).
- 5. "Swing" by linking elbows with a partner and turning a circle for 8 counts, then switch elbows and repeat for another 8 counts.
- 6. Repeat all until the end of the song.



Understanding Differences by Rebecca Weber

Step Ball: A Child's Book About Feelings and Differences by Norm Early and Danelle Young

Bright Eyes, Brown Skin by Cheryl Willis Hudson and Bernette G. Ford

## Race with the SPARK Kids!

For every 10 minutes that you are active, color a circle with a letter in it. Copy the letter into the message line below. As you move along the track, you earn more letters to fill in. Ideas for being active are scattered along the trail. Keep active and reach the finish line to see what the SPARK Kids want you to know!

