**Habit #6- Synergize**

I value other people’s strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people’s ideas because I know that by teaming up with others we can create better solutions than what any one of us could alone.

**Hand sign for habit #6-Synergize**

Put your hand out toward the opposite forearm and grab your forearm. Then shake your arms up and down like a “mixer.”

**Practise at home:** (taken from The 7 Habits of Healthy Kids by Sean Covey)

-Write down three things you are really good at. Then write down three things that someone else you know is good at, like your brother, your sister or a friend.

-Watch your favorite sports team play a game. Pay extra attention to how all the players work together as a team.

-Talk about what makes a good team member and what makes a bad team member.

