**Habit #4- Think Win-Win**

I balance courage for getting what I want with consideration for what others want. When conflicts arise I look for a win-win solution.

**Hand sign for habit #4: Think Win-Win**

Think (point to your head) Win (hand out, palm open) Win (other hand out, palm open)

**Practise at home:** (taken from The 7 Habits of Healthy Kids by Sean Covey)

-Today ask an older person what the golden rule is. After you know, try it out on someone.

-Try to go one whole day without sulking, pouting or feeling sorry for yourself.

-The next time you want to argue or fight with someone about who should get the best toy, ask “How can I make you happy, too?”

-Make a “wish poster”. Start by drawing a line down the middle. On one side, cut and paste magazine pictures of things you want (like a video game). On the other side, cut and paste pictures of things your Mom and Dad want (like a clean room). Together, look at your “wish poster”. See how you can work with each other to make both your wishes and your parents’ wishes come true.

