**Habit #2 – Begin With the End in Mind**

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school’s mission and vision. I look for ways to be a good citizen.

**Hand sign for habit #2: Begin With the End in Mind**

Begin (point to your feet) With the End (both hands to the sky) in Mind (point to your head)

**Practise at home:** (taken from The 7 Habits of Healthy Kids by Sean Covey)

- Lay out your clothes tonight before you go to bed.

-Get out a pencil and a piece of paper and write down 3 goals you want to do. Put the paper somewhere where you can see it.

-Think about and tell someone what you want to be when you are an adult.

-We all have something we need to get better at (ex. Doing our homework, brushing our teeth). Pick one thing you need to do better. Start doing it.

